

## Nutrition Facts

DV: Recommended Daily Value

Menu	Serving	Calories	Fat (g)	%DV Fat	Saturated fat (g)	Trans fat (g)	%DV Saturated + trans fat	Cholesterol (mg)	Sodium (mg)	%DV Sodium	Carbohydrate (g)	%DV Carbohydrate	Fibre (g)	%DV Fibre	Sugars (g)	Protein (g)	%DV Vitamin A	%DV Vitamin C	%DV Calcium	%DV Iron
<b>Sauces</b>																				
Sweet & sour	30ml	45	0	0	0	0	0	0	110	5	11	4	0	0	9	0,1	0	2	0	0
BBQ	30ml	10	0,1	1	0,1	0	1	0	370	15	2	1	0	0	0	0,2	0	0	0	0
BBQ for chicken wings	30ml	60	0	0	0	0	0	0	440	18	14	5	0	0	11	0,4	0	0	2	2
Dijon	30ml	110	9	14	1,5	0	8	10	170	7	6	2	0	0	5	0,3	2	0	0	0
Spicy	30ml	60	1	2	0,4	0	2	0	600	25	12	4	0	0	7	0,2	0	0	0	2
Honey-garlic	30ml	60	0	0	0	0	0	0	130	5	13	4	0	0	12	0,3	0	0	0	2
Honey-mustard	30ml	140	13	20	1	0,2	6	10	170	7	5	2	0	0	0	0,3	0	0	0	0
Tomato	30ml	15	0,2	1	0,1	0	1	0	160	7	3	1	0	0	1	0,5	2	4	0	2