

## Nutrition Facts

DV: Recommended Daily Value

Menu	Serving	Calories	Fat (g)	%DV Fat	Saturated fat (g)	Trans fat (g)	%DV Saturated + trans fat	Cholesterol (mg)	Sodium (mg)	%DV Sodium	Carbohydrate (g)	%DV Carbohydrate	Fibre (g)	%DV Fibre	Sugars (g)	Protein (g)	%DV Vitamin A	%DV Vitamin C	%DV Calcium	%DV Iron
<b>Back ribs with a toasted bun, BBQ sauce and coleslaw, without side dish</b>																				
Back Ribs	501g	870	42	65	14	0,5	73	305	2670	111	67	22	3	12	40	57	6	80	15	35
Half Back Ribs	381g	540	25	38	8	0,3	42	155	2140	89	51	17	3	12	26	31	4	70	10	20
Quarter Leg and Half Back Ribs	479g	890	51	78	14	0,4	72	315	2460	102	38	13	3	12	15	71	8	70	15	30
Quarter Breast and Half Back Ribs	591g	950	42	65	13	0,4	67	340	2710	113	53	18	3	12	26	91	6	70	15	30
Tender Chicken Breast Fillets and Half Back Ribs	661g	1340	75	115	15	0,4	72	250	3250	135	102	34	3	12	41	65	10	80	10	40