

Nutrition Facts

DV: Recommended Daily Value

Menu	Serving	Calories	Fat (g)	%DV Fat	Saturated fat (g)	Trans fat (g)	%DV Saturated + trans fat	Cholesterol (mg)	Sodium (mg)	%DV Sodium	Carbohydrate (g)	%DV Carbohydrate	Fibre (g)	%DV Fibre	Sugars (g)	Protein (g)	%DV Vitamin A	%DV Vitamin C	%DV Calcium	%DV Iron
Inspirations																				
Platter of Tender Chicken Breast Fillets (3) with a toasted bun, sauces and coleslaw	421g	810	56	86	5	0,4	27	85	2150	90	49	16	2	8	5	28	2	70	4	20
Platter of Tender Chicken Breast Fillets (5) with a toasted bun, sauces and	521g	1090	72	111	7	0,5	38	120	2470	103	65	22	2	8	5	45	2	70	4	45
Santa Fe Chicken with coleslaw	830g	910	48	74	5	0,5	28	145	4440	185	54	18	5	20	16	65	4	100	10	30
Chicken Parmigiana	751g	1030	43	66	23	1	120	165	3720	155	92	31	9	36	9	80	50	40	90	50
Chicken Caesar Salad	513g	920	59	91	9	0,5	48	240	2250	94	17	6	4	16	3	79	100	70	20	30
Tender Chicken Breast Fillets Salad	430g	790	55	85	6	0,4	32	85	1010	42	44	15	4	16	5	31	90	100	6	25
Thai Chicken Salad	455g	540	23	35	2	0	10	100	1920	80	38	13	4	16	21	44	90	100	6	25